

# Garden Guide

## January



### Feature Plant

## Protea



These South African beauties are used to the harsh summer sun! A definite highlight for any garden, Proteas put on a magnificent show of bright, goblet shaped blooms from late winter to spring.

You can grow them in an exposed, full sun position in free-draining soil, however being heat & cold tolerant they won't grow in places with high humidity, so are not a good one for the tropics!

They are closely related to Leucospermum, Serruria, Leucadendron which also have varieties that can be grown all around Australia.

A key tip for growing a well shaped Protea shrub is to only cut stems with flowers on, as the rest become flowers for the next season.

Once established, Proteas require very little water & will benefit from a small amount of Super Growth Pellets come spring & summer. Avoid disrupting their root system by mulching around the base.



### Did you know?

Bamboo varieties are the fastest growing woody plant in the world! In some cases they can grow 88cm in a day! What an amazing plant!

*Gardening simply does not allow one to be mentally old, because too many hopes and dreams are yet to be realized.*

Allan Armitage

### Feature Product

## Super Rock Rock Minerals



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## What to Plant

### Flowers

#### Cool Climate/Temperate






Ageratum	Alyssum	Cleome
Cyclamen	Iceland Poppy	Linaria
Malope	Marigold	Pansy
Schizanthus	Stock	Verbena
Viola	Vinca	Wallflower

#### Subtropical

Ageratum	Aster	Balsam
Celosia	Gomphrena	Impatiens
Marigold	Salvia	Sunflower
Torenia	Vinca	Zinnia

#### Tropical

Balsam	Celosia	Coxcomb
Coleus	Gomphrena	Impatiens
Marigold	Petunia	Salvia
Sunflower	Torenia	Vinca

-  Give all herbs, vegetables, shrubs and flowering plants a dose of Seaweed Liquid- to help prevent disease over Summer.
-  Use a higher cutting height when mowing the lawn to provide shade for the soil and roots and avoid moisture loss.
-  Trim back herbs to prevent fungal infections from humidity.
-  Neaten up hedges and evergreen trees to encourage bushy growth.
-  Re-mulch your gardens after a good watering, lay down Katek Not Just Mulch about 7cm thick. This will keep the moisture in the soil and plants hydrated.

## Super Chicken's Top Tips



### Vegetables/Herbs

#### Cool Climate/Temperate

Beetroot	Cabbage	Cucumber
Leek	Lettuce	Pumpkin
Radish	Silverbeet	

#### Subtropical

Artichoke	Beans	Eggplant
Lettuce	Silver Beet	Sweetcorn
Sweet Potato	Tomato	Watermelon

#### Tropical

Artichoke	Beetroot	Capsicum
Celery	Lettuce	Pumpkin
Shallots	Spring Onion	Tomato

## Garden Inspiration

Whether you are feeling a little stuck for inspiration or you have more gardening projects than you can handle, here are some garden ideas to sink your teeth into in 2019.

